SUMMER & SEPT 2012 PINE Devio according

EVERYTHING EXCITING AND NEW IN EPSILON IOTA



Lydia Goes to St. Jude

This summer, I had the amazing opportunity to attend St. Jude Children's Research Hospital in Memphis Tennessee. I knew as soon as I got off the plane that it was going to be an rewarding experience. I met 7 Tri Deltas in the airport bathroom, where we all held each other's luggage and laughed about our matching shirts. The bonding had already started. This was the first time I got to meet Tri Deltas from other chapters. We all work very hard to support the children at St. Jude, and I was so incredibly honored to take a tour of the hospital with my sisters.

We listened to a girl who told her story about being in remission, we saw hallways and wings that were built from the money we raised, and we collaborated on how we can raise more money for this wonderful organization. (cont. on page 3)

* 2012 Tri Delta Convention

Current Chapter President, Stephanie Northwood, reflects on the experience that she shared with VPCD Jess Giles, and Academic Chair Emily Farr in Tucson, Arizona this summer.

This July, we had the opportunity to travel to Tuscon, AZ for Tri Delta Convention: The Legends of Sisterhood. It was a transformative experience for all three of us. Meeting sisters from across the country, we could feel the common bond we all hold with Tri Delta, even though our life experiences may be quite different. Learning about the magnitude and far-reaching impacts of the efforts of our organization was very inspiring.

The Legends of Sisterhood started before we got to Tuscon—at the airport! It was fun to bond with current sisters and alumni during layovers and on the plane. We spotted each other in our letters!

Upon our arrival, we were brought to this amazing resort complete with a lazy river for the rare times we were free from scheduled events. We were sure to take advantage of the beautiful desert oasis atmosphere. Each day, we were scheduled for seminars from 8-5 with two 3-course meals in the mix. The food was amazing, and the desserts were even better! During the seminars we did everything from discussing Public Relations to voting on amendments to the Bylaws.

At each meal there was a keynote speaker. We got to hear from an oncologist at St. Jude, a mother of a St. Jude patient, a 19 year old fashion designer who has made it big —all Tri Deltas! It was really wonderful to see the different ways our sisters are so motivated and successful.

We were extremely proud to come back to our chapter and announce winning the awards for Most Improved Recruitment and Outstanding Academics. We also won the Haller Award which is given to only a handful of chapters nationally to recognize all-around chapter excellence. We were so humbled and proud to see our success recognized at the national level! (cont. on page 3)

Epsilon Jota has a new website!

Stay up-to-date online! Check out it out @ www.actridelta.weebly.com At the end of the 2011-2012 school year, we attained recognition as an

Established Chapter

Thanks go out to everyone who contributed to this achievement, especially our founding mothers and colonizer, Joanna Webb.



It's Pancake Breakfast time!

Epsilon Iota's bi-annual philanthropy event, Delta House of Pancakes, will be held on Sunday, October 21st. We're excited to hold our best breakfast yet! To purchase tickets or to make a contribution for either St. Jude or the event, please contact Philanthropy Chair Katie Shanahan at: Shanahank@allegheny.edu



We are getting a new CDO! Our former Collegiate District Officer, Linda McLinden (Pitt), has been slated to join Tri Delta's Executive Office on the Leadership Development Council. It's an exciting opportunity that allows her to serve the Fraternity at a broader level, but as a result, she can no longer work with us. Our new CDO is Leah Worbs (CMU), the former Alumnae Chapter President of the Pittsburgh South Suburban Alumnae Chapter. Welcome Leah!

Something Seems Different...

UPCOMING EVENTS

OCT 15-19 Greek Week/ Greek Sing OCT 21 Pancake Breakfast

OCT 22-26 Fat Talk Free Week OCT 26 Chapter Retreat

Caroline DiPerna

('12) is currently working as the Annual Giving Assistant at Robert Morris University!

Krystal Roth ('08) formerly Krystal Baldwin—is excited to announce that she is 18weeks pregnant! She is due in March 2013. Krystal has also earned her Master's degree in Applied Behavior Analysis and is currently anticipating the results of her board certification exam.

Pansy Progress

After Epsilon Iota: Alumni, we'd love to hear from you! Please contact Collegiate Alumni Relations chair Tarryn Maas (Maast@allegheny.edu) to share your updates!

Aurora Schul ('09)

became engaged to Patrick Schunk on September 8, 2012. They plan to wed on September 7, 2013 in Buffalo, NY. The bridal party includes Delta alumni **Carina Saary** ('09) and **Theresa Irby** ('10).

Jodi Apps ('12) is currently in Tanzania, serving the Peace Corps. Follow her blog posts at: "tanzaniajodi.wordpress. com"

The Rest of the Story...

ST. JUDE CONT.

. I think that the bonding I did with my new sisters created an energy that will benefit St. Jude. We got to see what we're working towards and who we're working with. I will never forget seeing whole wings dedicated to $\Delta\Delta\Delta$, or the patient whose face lit up with when he recognized the triangles on our shirts. It was an amazing experience that taught me that sisterhood is more than a Pancake Breakfast, but a common goal to help others. At the airport on the way back, a waitress asked us how long we had been friends. When the answer was 24 hours, she was shocked. Philanthropy makes sisterhood stronger than anything else, and the emotional connections I made to the hospital balance with the personal connections I made with my sisters.

By: Lydia Jones

CONVENTION CONT.

It was great fun to catch up with Caitlin O'Brien-Rice (Allegheny '10) and Joanna Webb (Colorado), our stationery consultant during our founding, and our current and past Collegiate District Officers Leah Worbs (CMU) and Linda McLinden (Pittsburgh). Our Alumni Advisor, Vicki Gamble (WVU), was greatly missed. We also enjoyed making many new friends!

If I can speak for Emily and Jessica, I think we would all agree that Convention was a truly enlightening experience that really made us realize what it means to be a part of something bigger than ourselves. Tri Delta is a spectacular organization that believes in its members, its purpose, and its philanthropy.

By: Stephanie Northwood